

Okra Pepsin E₃



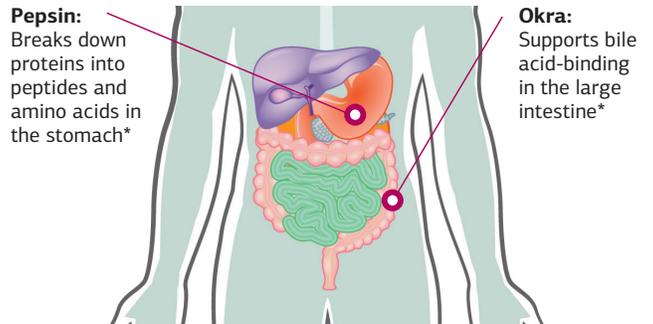
**DIGESTIVE
SUPPORT**



Features of Okra Pepsin E₃:

- Supports mucosal tissue in the intestines*
- Supports bowel function*
- Provides bowel cleansing*

FIGURE 1. How Okra Pepsin E₃ supports the environment of the GI tract to facilitate healthy digestion.*



Digestive Support

Digestive concerns affect over 50 million Americans, requiring a visit to their health care provider annually.¹ Many digestive concerns involve a reduction in the level of digestive enzymes that are endogenously being produced, so supplementation may be needed.² As people age, their level of pepsin and gastric acids decline, which can contribute to dysbiosis.^{3,4}

Okra

Okra contains mucilaginous carbohydrates that include viscous fibers and provide gastrointestinal (GI) benefits including bile acid binding capacity. In vitro studies have found that raw okra has higher bile acid-binding capacity than other vegetables studied.⁵ Because okra is able to bind bile acids and excrete them, this may lead to a reduced absorption and recirculation of bile acids as well as the excretion of cholesterol and, possibly toxins from the GI tract.⁶ Lastly, emerging research from another in vitro study suggests that okra may support a healthy GI tract by helping to reduce certain harmful bacteria from adhering to cells similar to those found in the GI tract.⁷

Pepsin

A protease enzyme that starts breaking down proteins into peptides and amino acids in the stomach.

Supplement Facts

Serving Size: 1 Capsule

	Amount per Serving	%Daily Value
Cholesterol	<5 mg	2%
Proprietary Blend	215 mg	†
Okra (fruit), fat soluble extract (from sesame [seed], alfalfa [aerial parts], sunflower [seed], carrot [root], Spanish moss (<i>Tillandsia usneoides</i>), organic buckwheat [aerial parts], and organic pea [vine]), pepsin (1:10,000), alginic acid, carbamide, and bovine orchic extract.		
†Daily Value not established.		

Other Ingredients: Gelatin, cellulose, water, calcium stearate and d-alpha tocopherol (vitamin E sunflower).

Please consult the actual product label for the most accurate product information

Available Sizes:

- Okra Pepsin E₃ 90 Capsules
- Okra Pepsin E₃ 150 Capsules

NOTES

DOSAGE AM

PM

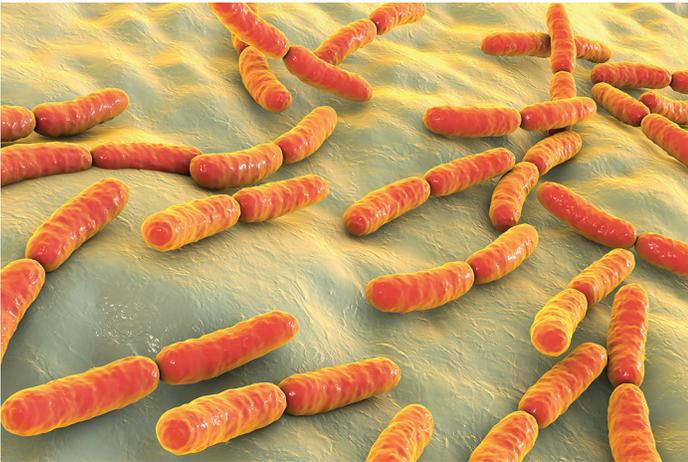
*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

**DIGESTIVE
SUPPORT**

Good Health Begins in the Gut

70%

of the immune system
is in your GI Tract



Okra

Okra, botanically classified as *Abelmoschus esculentus*, is a plant from the mallow family valued for its mucilaginous green pods.



Additional GI Support

- ProSynbiotic
- Multizyme®
- Whole Food Fiber
- MediHerb® DiGest Forte
- Cholacol®
- Zypan®

REFERENCES

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3. Feldman M, Cryer B, McArthur KE, Huet BA, Lee E. Gastroenterology. 1996;110(4):1043-52.
4. Robert M. Russell. The Journal of Nutrition, Volume 131, Issue 4, 1 April 2001, Pages 1359S-1361S. https://doi.org/10.1093/jn/131.4.1359S.
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6. Kahlon TS, Chapman MH, Smith GE. Food Chemistry. 2007;103: 676-680.
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More than
80%
of the raw plant
ingredients used in our
products are grown on
our organic and
sustainable farm

**Freshly
picked crops**
are often processed
within a day to maintain
vital nutrients

We harvest more than
6.5M
pounds of ingredients
on our certified organic
and sustainable farm

Healthy Soil. Healthy Planet. Healthy Lives.

Standard Process is a family-owned company dedicated to making high-quality and nutrient-dense therapeutic supplements for three generations.

We apply a wholistic approach to how we farm, manufacture and protect the quality of our products. This comprehensive strategy ensures that our clinical solutions deliver complex nutrients as nature intended. It's how we define the whole food health advantage.