# Ovex®

# **Provides Ovarian Tissue Support**

The female ovaries are generally firm, smooth, and almond-shaped. They exist as a pair, one on each side of the lower abdomen attached to the uterus. The ovaries initiate the female reproductive process by expelling eggs from the ovarian follicle during ovulation. Two sex hormones, follicle-stimulating hormone (FSH) and luteinizing hormone (LH), set this process in motion. The follicle secretes estrogen and progesterone that are responsible for regulating the menstrual cycle. The body uses a negative-feedback system to coordinate this effort. In other words, when estrogen levels rise, the pituitary gland decreases its secretion of FSH; when progesterone levels increase, the pituitary gland decreases secretion of LH.<sup>†</sup>

# How Ovex Keeps You Healthy

### Supports ovarian tissue

Ovex and Ovex® P are made with Cytosol™ extracts from two different animal sources. The Cytosol™ extract found in Ovex comes from bovine (beef) ovary while that found in Ovex P comes from porcine (pork) ovary.

Cytosol™ extracts contain the water-soluble materials produced by the particular gland or organ from which they are taken. The Cytosol™ extracts found in both Ovex and Ovex P contain nutrients from the animal ovaries that help support ovarian tissue in humans. These materials can be used inside cells or transported outside the cell for use elsewhere in the body. These aqueous tissue extracts help support tissue function.†

Our founder, Dr. Royal Lee, formulated these different Cytosol™ extracts based on his extensive research in glandular therapy. Glandulars provide active components, associated nutritional factors, and supportive adaptogens to tissues. Deviating somewhat from the popular belief that the effectiveness of glandular therapy is due solely to its unique provision of nutritional support, Dr. Lee added a new dimension based on immune system considerations. Dr. Lee believed that glandular tissue extracts from animal sources could provide immune support and maintenance to the corresponding tissues in humans.<sup>†</sup>



Introduced in 1953



## Content:

n tablets

**Suggested Use:** One tablet per meal, or as directed.

#### Supplement Facts: Serving Size: 1 tablet

Serving Size: 1 tablet Servings per Container: 90

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Calories	1	
Vitamin C	2 mg	2%

Amount ner Serving

Proprietary Blend: 358 mg

Calcium lactate, bovine ovary Cytosol™ extract, magnesium citrate, and mixed tocopherols (soy).

Other Ingredients: Cellulose, calcium stearate, ascorbic acid, and gum acacia.

Each tablet supplies approximately: 120 mg bovine ovary Cytosol™ extract.

Sold through health care professionals.





# What Makes Ovex Unique

### **Product Attributes** Multiple nutrients from animal sources

- > Contains bovine ovary Cytosol™ extract
- > Extracts from bovine tissues provide nutrients and support to the corresponding tissues in humans†

# Manufacturing and Quality-Control Processes Low-temperature, high-vacuum drying technique

> Preserves the enzymatic vitality and nutritional potential of ingredients

#### Not disassociated into isolated components

The nutrients in Ovex are processed to remain intact, complete nutritional compounds

Degreed microbiologists and chemists in our on-site laboratories continually conduct bacterial and analytical tests on raw materials, product batches, and finished products

> Ensures consistent quality and safety

#### Vitamin and mineral analyses validate product content and specifications

> Assures high-quality essential nutrients are delivered

#### Whole Food Philosophy

Our founder, Dr. Royal Lee, challenged common scientific beliefs by choosing a holistic approach of providing nutrients through whole foods. His goal was to provide nutrients as they are found in nature—in a whole food state where he believed their natural potency and efficacy would be realized. Dr. Lee believed that when nutrients remain intact and are not split from their natural associated synergists—known and unknown—bioactivity is markedly enhanced over isolated nutrients. Following this philosophy, even a small amount of a whole food concentrate will offer enhanced nutritional support, compared to an isolated or fractionated vitamin. Therefore, one should examine the source of nutrients rather than looking at the quantities of individual nutrients on product labels.

Studies on nutrients generally use large doses and these studies, some of which are cited below, are the basis for much of the information we provide you in this publication about whole food ingredients. See the supplement facts for Ovex®

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